

I Can Get Dressed All By Myself

a www.atypicalfamilia.com printable

This activity book belongs to:

Before I can go outside, I need to get dressed. I may need help with a zipper or buttons. If I need help, I will ask. But I'm going to try to get dressed all by myself today. To get dressed, I will need : (circle all that you need)

an **undershirt**

a pair of **underwear**

a **shirt**

a pair of **pants**

a **skirt**

a pair of **shorts**

a **dress**

a pair of **socks**

a pair of **shoes**

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First I will put on my

- - underclothes - -

Draw a picture of your underclothes or cut & paste pictures

<p>_____</p> <p>- - undershirt - -</p> <p>_____</p>	<p>_____</p> <p>- - underwear - -</p> <p>_____</p>

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Trace the item of clothing you will put on next:

pants

shorts

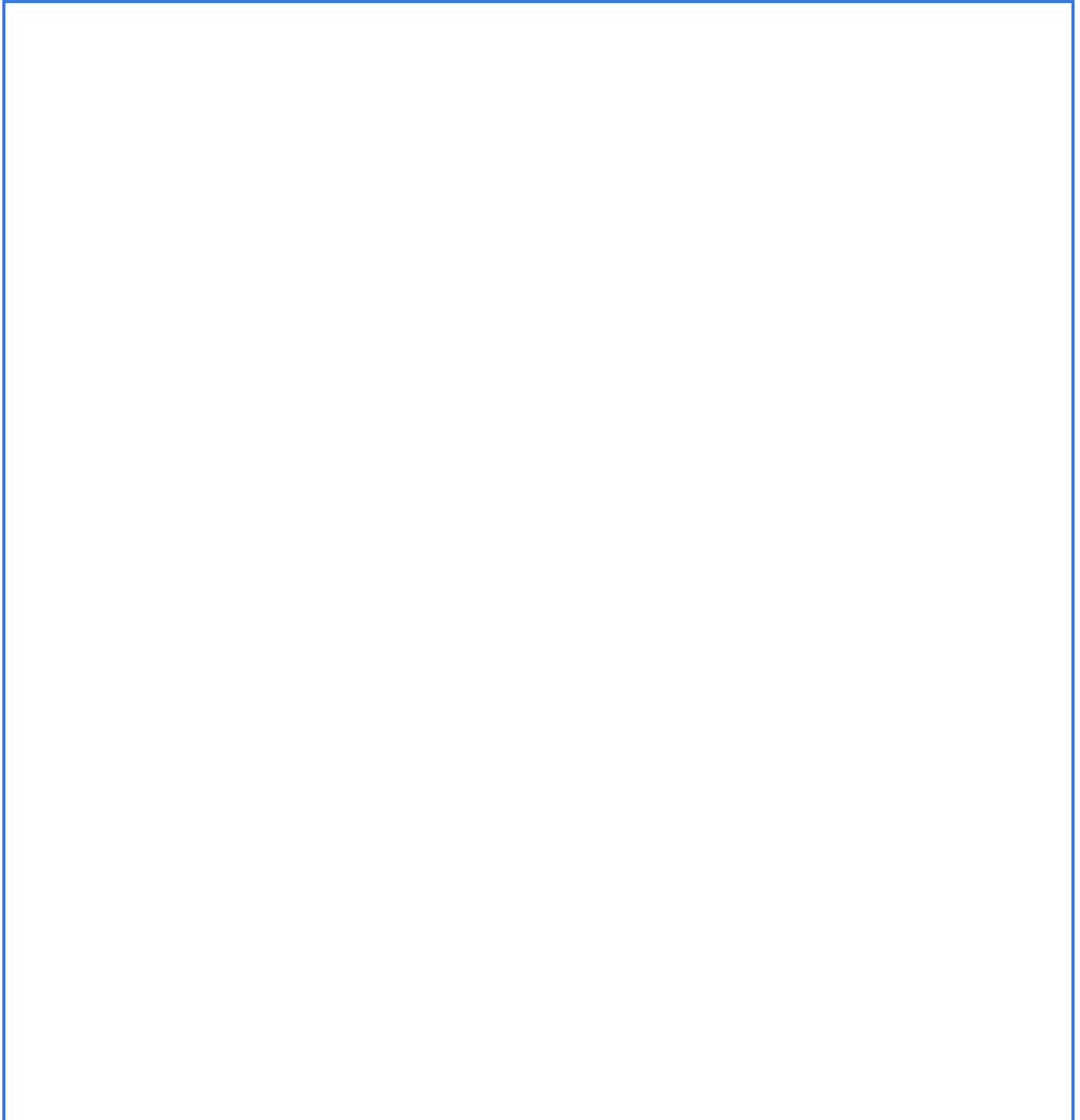
skirt

dress

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Draw a picture of your favorite pants/shorts/skirt or dress. Or cut & paste pictures.



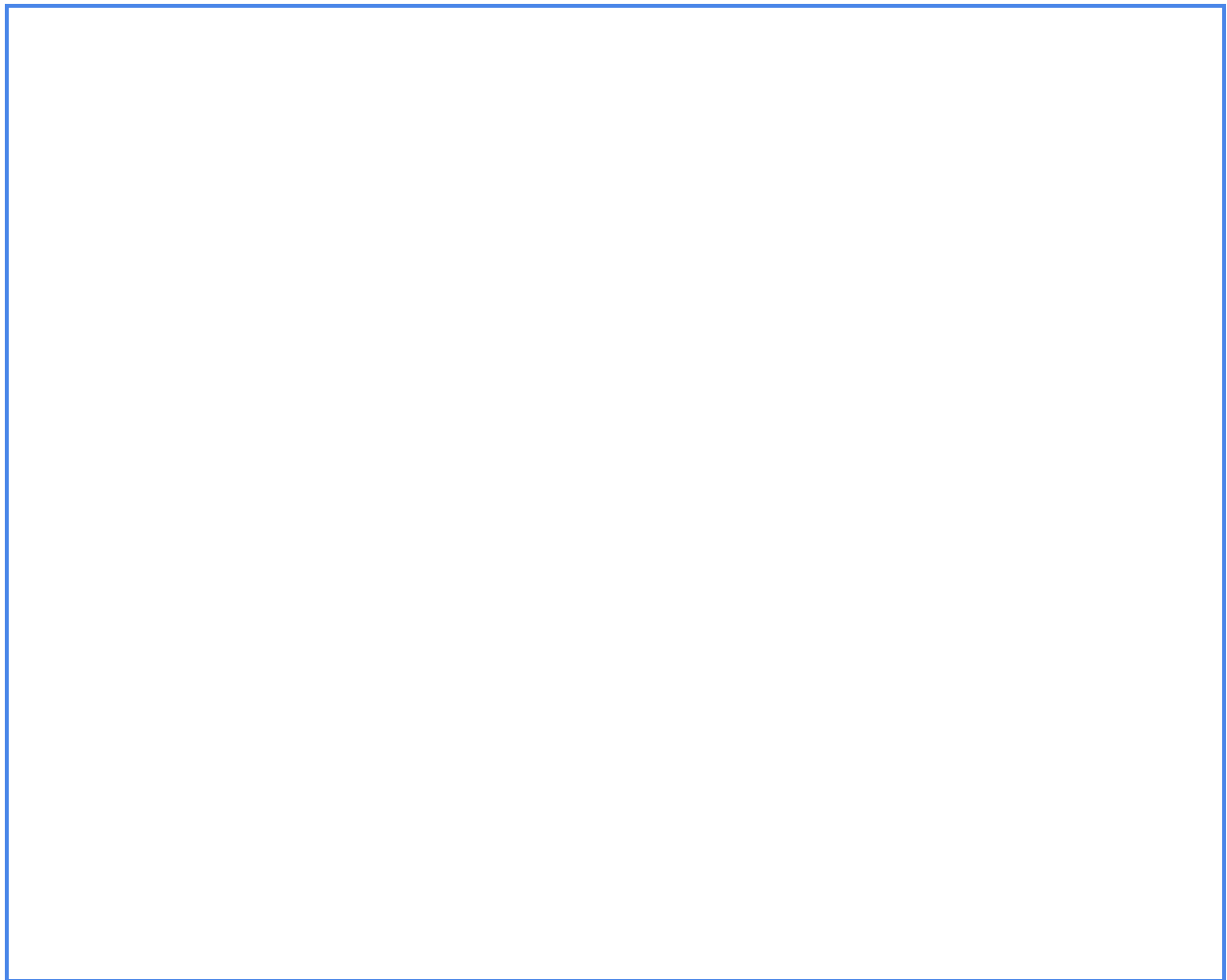
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Next I will put on my

- - - shirt - - -

Draw a picture of your favorite shirt. Or cut & paste picture.



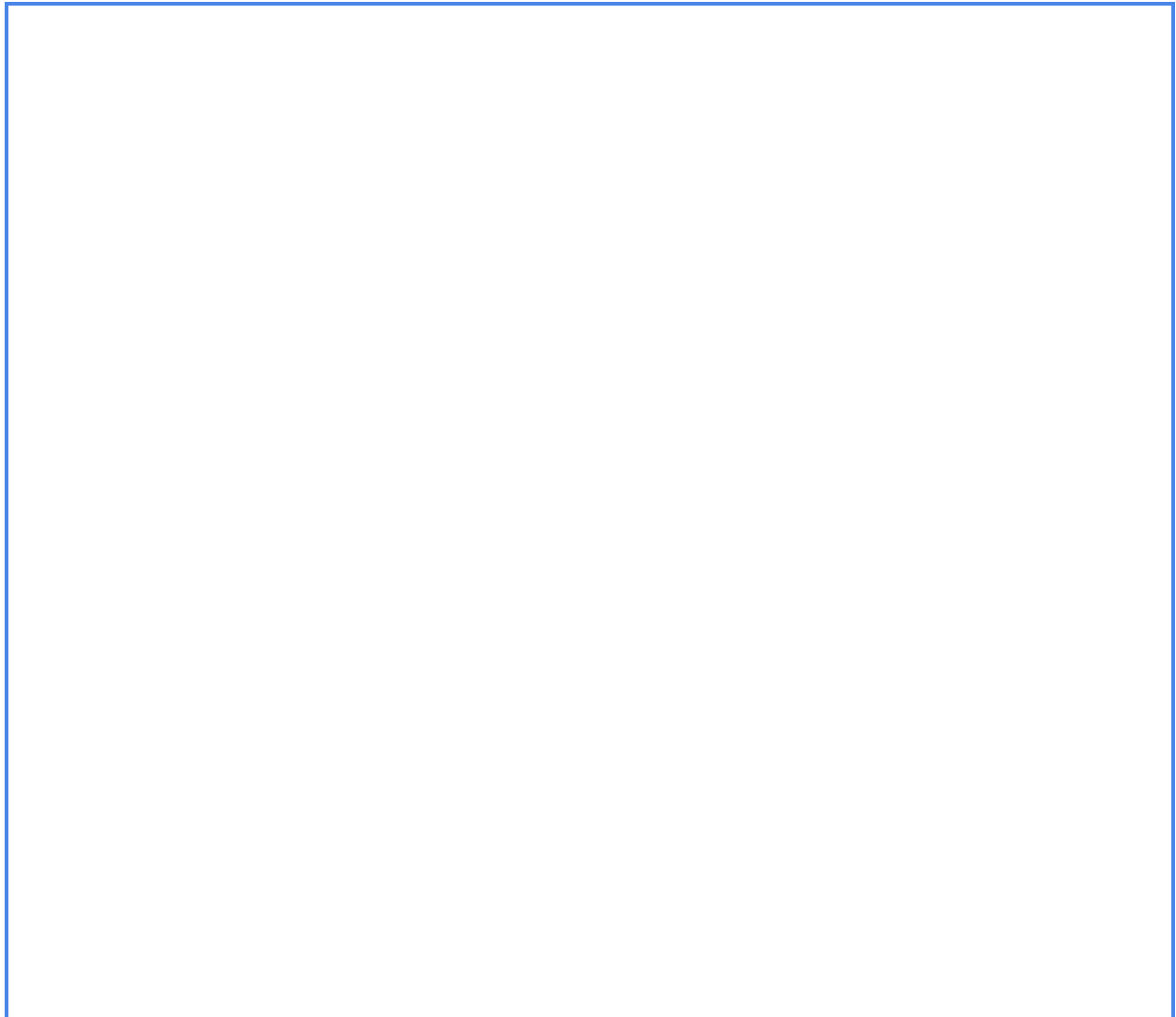
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Next I will put on my

- - - - socks - - - -

Draw a picture of your favorite socks. Or cut & paste pictures.



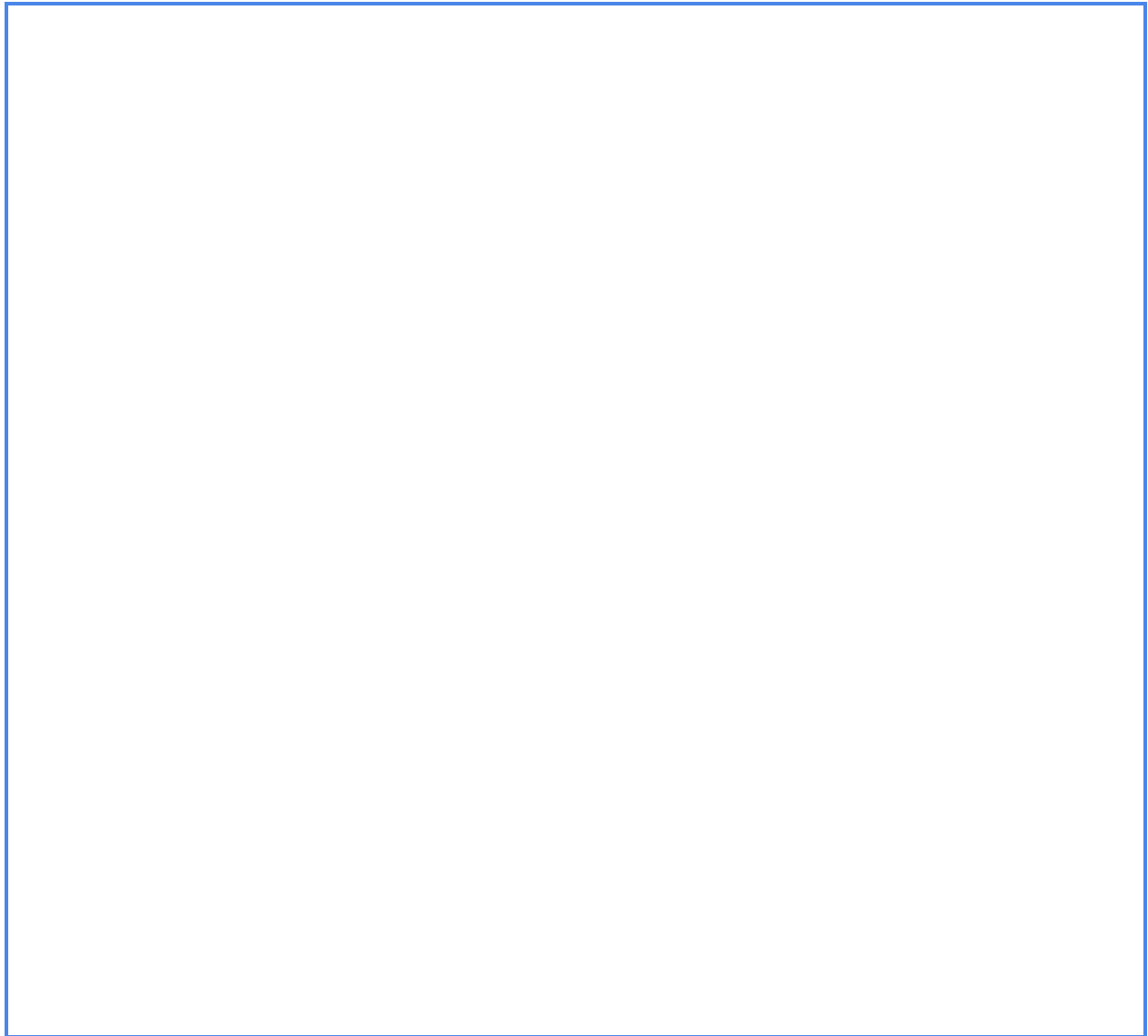
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And then I will put on my

--- shoes ---

Draw a picture of your favorite pair of shoes. Or cut & paste pictures.



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When I get dressed, I need to think about the weather outside or where I'm going to go.

If it's cold outside, I will need to put on a:

- - - coat - - -

If it's raining outside, I will need an:

- - - umbrella - - -

If I'm going to the beach or pool, I will need a:

- - bathing suit - -

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Now I am all done. I got dressed ALL BY MYSELF. Doing things for myself makes me feel proud.

Draw a picture of yourself. Or cut & paste picture.

