This activity book belongs to:

______________________________________________________________

______________________________________________________________

Before I can go outside, I need to get dressed. I may need help with a zipper or buttons. If I need help, I will ask. But I'm going to try to get dressed all by myself today. To get dressed, I will need: (circle all that you need)

an **undershirt**
a pair of **underwear**
a **shirt**
a pair of **pants**
a **skirt**
a pair of **shorts**
a **dress**
a pair of **socks**
a pair of **shoes**
First I will put on my

______________________________

- - underclothes - -

Draw a picture of your underclothes or cut & paste pictures

| ___________________________ | ___________________________
| - - undershirt - - | - - underwear - - |
Trace the item of clothing you will put on next:

- - - - - pants

- - - - - shorts

- - - - - skirt

- - - - - dress
Draw a picture of your favorite pants/shorts/skirt or dress. Or cut & paste pictures.
Next I will put on my

- - - - - shirt - - - - -

Draw a picture of your favorite shirt. Or cut & paste picture.
I Can Get Dressed All By Myself

Next I will put on my

- - - - - - - - -

socks

Draw a picture of your favorite socks. Or cut & paste pictures.
I Can Get Dressed All By Myself

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And then I will put on my

- - - - - - - - - - - - - - -

shoes

Draw a picture of your favorite pair of shoes. Or cut & paste pictures.
When I get dressed, I need to think about the weather outside or where I'm going to go.

If it's cold outside, I will need to put on a: 

___________________________
- - - - - - - - - - - - - - -
coat

If it's raining outside, I will need an: 

___________________________
- - - - - - - - - - - - - - -
umbrella

If I'm going to the beach or pool, I will need a: 

___________________________
- - - - - - - - - - - - - - -
bathing suit
I Can Get Dressed All By Myself

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Now I am all done. I got dressed ALL BY MYSELF. Doing things for myself makes me feel proud.

Draw a picture of yourself. Or cut & paste picture.